Daily Devotion #117

Don’t Worry, I’ve Got This

*Mark 4:39 – “And He got up and rebuked the wind and said to the sea, “Hush, be still.” And the wind died down and, it became perfectly calm*.”

People can make a mess of their lives. Truthfully, we all can, and many of us have. Sadly, many people have made such a mess of their lives, they can’t take it anymore and end their own lives. That is so tragic, because it doesn’t have to be that way.

Most of the time, or at least a high percentage of the time, people get to that place because they don’t feel like they fit in with the rest of the world or because life has become unbearable. At least that’s what their minds are telling them. And when the pressures of life build, usually the sinful mind takes the approach that there is nothing anyone can do. So, they either quit life or abandon everyone they know and move on to some form of isolation. A lot of people, at some point in their lives, struggle with themselves and their situations, whether real or fabricated, to the point where they believe there is no way out.

I remember those times in my life. Very early in my young adulthood, I had allowed myself to get to the place of living life as I saw fit. And because of my selfishness and unwillingness to listen to good counsel from my parents and others, I made a mess of things. And for me, life became very scary. I didn’t know where to turn or what to do next. Everything was very overwhelming.

And it wasn’t until I was at my lowest point that Jesus entered my life. I can well remember the day. It was as if he allowed the storms to rage so fiercely around me that I could see nothing but doom. I felt like life was over. But it was then that Jesus came in and saved the day for me. And He didn’t come with an overwhelming gush of energy or some dramatic entrance, He simply revealed Himself to my heart and mind through His Word.

He showed me who He was, the God who I had heard about and learned about in Sunday School and from many sermons I had heard but never taken to heart. He came at the time I needed Him most. But as I look back on it now, I realize He came when I finally surrendered myself in hopeless despair. At that point, it was as if He was saying to me, “Bruce, I’ve got this”. But He also said, “You must trust Me. You have to believe Who I Am. You have to let go of your fears and all that is weighing you down and put your heart in My hands and let me do with you what I want to do. I will and can rescue you.”

I think that’s exactly what Jesus was doing with the disciples in Mark’s Gospel. He allowed them to come to the end of themselves so they could only see Him and that He is the only one who can fix life. Can you imagine being in the boat at the moment Jesus stands up in the midst of the storm and calls out to the wind and waves and suddenly everything becomes calm? I would love to have been there.

But then, I think I have been there. Not at the time the Scripture talks about this scene, but I’ve been there when Jesus calmed my soul from all the raging storms. I know what that’s like. Please understand, I’m not elevating myself at all. I’m simply being reminded of the day Jesus came to me and did for me what I needed most. Peace. I needed peace. And He gave it to me.

I don’t know what storms are raging in your life today. But what I do know is God loves you. He loves you so much that He came to show you He is Lord. He has the ability to fix whatever is wrong, or at least turn your bad situation into something beautiful. But He wants you to trust Him. Will you do that? Listen, He’s got this. You are safe with Him. Just surrender your heart to Him, and you will never be the same.