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**The Sin of an Anxious Heart**

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- I. Anxiety
- II. Jesus command to not worry (vs 25)
- III. Reasons why worry is sin
  - a. 1<sup>st</sup> – Worry is sin because it denies God of being the One who provides true contentment (vs 25b)
  - a. 2<sup>nd</sup> – Worry is sin because it denies God’s ability to care for us (vs 26)
  - b. 3<sup>rd</sup> – Worry is sin because it rejects God’s command to live by faith (vs 27-30)
  - c. 4<sup>th</sup> – Worry is sin because it denies the truth that God knows what is best for us (vs 31-33)
  - d. 5<sup>th</sup> – Worry is sin because it denies the future God has planned for us (vs 34)