Devotion #235

**Be Reminded**

**Psalm 34:3 (NASB)** *“O magnify the LORD with me, And let us exalt His name together.”*

Have you ever had one of those days when everything just seems off? Some days seem to be so full of evil that it’s hard to keep up our spiritual strength to keep going. In those times, we are the most vulnerable to Satan and his schemes because our guard is down. The reason we get discouraged or upset about things in life, to the point were we just want to hide, is because we have forgotten our God. I don’t mean we have lost our salvation or we stop believing that He is God, that will never happen for those who have surrendered their souls to Jesus. (John 10:28) I’m talking about those times when our focus is more horizontal than it is vertical. It’s in those times we are most open to enemy attack and the times we are most susceptible to the negative influence of our sinful flesh.

What should we do in those moments? This may sound overly simplistic, but we must turn to the Lord. We must go back and sit at His feet, listen to Him, and be reminded of His goodness, power, and authority over all people and things. One of the best ways to be reminded of His authority is to read His Word, specifically the Gospels: Matthew, Mark, Luke and John. It is in those books that we see the power of God and His display of glory through miracles and many amazing works. It is in the Gospels that we learn about the miraculous power of God by coming to earth as a man. And it is in the Gospels where we are taken to the cross, where Jesus would display His most triumphant power over sin and death and evil as He gives up His life willingly, but then takes it back in three days when He is resurrected. Then there is the book of Revelation, which to me is the capstone of God’s glory and power. It is in that book where we see the power of God put on display like nowhere else as John records for us the future time when Jesus will return to the earth and take back what rightfully belongs to Him.

But then there is another means by which our hearts can be reminded of God’s greatness and His glory, that is through music. My wife will be the first to tell you that I am not a music person. Not that I don’t like music, but it is not my go to for entertainment or relaxation. But what I can say is, music is a wonderful and marvelous way of being reminded of God and who He is. I’m not talking about the music that has often been referred to as seven-eleven songs. Those are the songs that have seven words or lines that are repeated eleven times. I’m talking about the songs that are written from God’s Word, such as songs like “Psalm 34” and many others that speak directly from Scripture. These are the songs that fill the heart with truth and power that belong to God. It is in songs like these that God is brought back into focus in our hearts. These are the kinds of songs that remind us that God is in control and fully alive and fulfilling His plan of redemption perfectly.

I wish I could say that the days of somberness and or sadness or the days of being overwhelmed with the evils of this world would never come again, but that would not be accurate. What I can say is, in those times of hurt and confusion or whatever; turn to God’s Word and godly music. In those two things you will be reminded of the love God has for you and the plan that He has created to bring you to Him for eternity.

Think about those poor souls who leave this world and enter into eternity, lost forever in a pit of torment and suffering. (Revelation 19:20-21) I know most people don’t like to think those thoughts, but there are times we must do so. When we think about that place and that those people will never, never, never, never be released from their prison, we will rejoice that our names are written in heaven. We will pour out to God our praise and worship like we never thought you could. Think about it! You have been rescued from an eternity without hope. Amazing isn’t it?

God, through His own desires, chose you to be a part of His Kingdom. Would it be that in the moments when you forget all God has done to rescue you that you would stop and praise Him? Would you be willing to put your spiritual guard back on and remember that you are precious to Him? Would you be willing to put your mind in remembrance of your eternal security? God’s Word will remind you of these truths and God-honoring Biblical music will open your heart to worship Him in a new and exciting way.