Galatians 5:22
October 6, 2024

Fruit of the Spirit: The Self-Control Aspect

1. What is self control?

2. What results from a lack of self-control? Proverbs 25:28
    a. Open for attack
    b. A cost is paid
    c. Lasting consequences

3. Biblical example of the lack of self-control II Samuel 11:1-3

4. What are the general motivations for exhibiting self control?
    a. Avoid a negative consequence
    b. Achieve a more desirable goal
    c. Desire to do what is right

5. How is Godly self-control over thoughts, emotions, and actions accomplished?
    a. Upward that drives the inward Philippians 2:12,13
    b. Preparation before opportunity Proverbs 4:23, Luke 6:45
    c. Walk by the Spirit Galatians 5:16
        i. Faith II Timothy 1:7
        ii. Submission Romans 6:12-14
        iii. Saturation with Scripture and prayer
    d. Focus on the right things II Timothy 2:22
    e. Create distance from the wrong things
    f. Fellowship with believers